



CUDDLE AGREEMENT

Between KuschelRaum, represented by Cuddle Therapist:

and Client:

(First and Last Names)

Address:

Birth Date:

E-mail:

Phone Number:

Terms and conditions

1. The cost for a cuddle session vary depending on the Cuddle Therapist. The prices will be made transparent in advance and clearly communicated in advance.
Within the booked time, about 10 minutes are reserved for arriving, changing clothes and talking about your thoughts and wishes for the session.
The first 30 minutes of your first session are free of charge and serve as an orientation. Everything you need to know before your first session will be explained to you. Your questions are most welcome. We will also talk about your wishes and expectations as well as your possible concerns. You will receive a printed copy of this cuddle agreement including the terms and conditions and the health questionnaire you will be asked to fill it in.
2. Payment is upfront. The fee for the session has to either be paid in cash before the session or be transferred in advance.
3. The sessions usually take place in the premises of the cuddle therapist. Some therapists offer home visits, in which case an extra fee may be charged for the journey, according to the travelling distance or time. This will also be communicated transparently in advance.
4. An appointment booking is binding. Cancellation up to 48 hours before the appointment is free of charge. Between 48 hours and 24 hours before the appointment, 50 % of the agreed costs will be charged. In case of a cancellation less than 24 hours before the appointment, the entire amount will be charged.
5. The Rules of the Cuddle Session will be made available to the client digitally in advance and will be handed out by the client at the beginning of the first cuddle session, together with this agreement. It has to be signed by the client and the cuddle therapist at the beginning of the first session. If the rules are violated by the client, the cuddle therapist will end the session immediately and the client will have no claim for reimbursement.
6. The client has the right to end the first session for any reason up to 10 minutes after it has started and receive full refund of the money. This right expires after 10 minutes.
7. The cuddle therapist may end the session at any time or refuse the service before it begins. If the cuddle session is not carried out by the cuddle therapist for personal reasons or is cancelled, the money will be refunded.
8. The client acknowledges that Cuddle Therapy do not correspond to or is a substitute for psychotherapy or any other medical treatments. If the client is undergoing psychotherapeutic treatment, a cuddle session should be discussed in advance with the professional providing the treatment.
It is the clients choice to receive a cuddle session, which takes place on the client's own responsibility. Neither KuschelRaum nor the cuddle therapist are liable for any possible negative consequences experienced by the client.
9. The cuddle therapist is bound by professional secrecy, i.e. everything mentioned and experienced during the session or in any conversation related to the session is kept between the client and the cuddle therapist. Exceptions are information that legally obliges the cuddle therapist to revoke his/her promise of confidentiality. Another exception is the situation of supervision, in which the session is discussed anonymously (without revealing the identity of the client) and for professional purposes.
All forms of recording are prohibited, including photos, video and audio recordings.

Health questionnaire

Please name any health related information that might be relevant to the cuddle sessions. This would include, but is not limited to:

- Back or joint problems
- Low or high blood pressure
- Cardiovascular problems
- Respiratory problems
- Metabolic disorders
- Surgery
- Allergies
- Psychiatric diseases
- Pregnancy
- Other:

The following precautions/restrictions for a cuddle session should be taken:

In case of complications, the following steps should be taken:

Emergency contact (name, phone number):

I have filled in the questionnaire to the best of my knowledge. I hereby confirm that the information given is correct.

Should there be any changes in my health condition, I will inform the cuddle therapist.

(Date, Signature)

Privacy notice

I agree that my sensitive and other personal data (EU General Data Protection Regulation) may be processed and, if necessary, passed on to other responsible persons (supervisors, doctors, therapists) for the purposes listed in the General Terms and Conditions, while maintaining appropriate data security.

I have the right to revoke my consent at any time with effect for the future, without giving reasons, by sending an e-mail to willkommen@kuschelraum.de (or by contacting directly cuddle therapist representing KuschelRaum in this Cuddle Agreement). Upon receipt of the revocation, the data will be deleted immediately, insofar as there are no legal retention periods to the contrary and the revocation is effective. The effectiveness of the data processing carried out until the revocation of consent remains unaffected.

Yes

No

(Date, Signature)

Rules of the Cuddle Session

1. Please only come to the appointment if you are physically healthy and to your best knowledge free from any other contagious diseases that could be transmitted during the session, such as influenza.
2. Wear comfortable clothes, preferably rather loose, long and soft articles, like cotton long sleeve shirts and jogging pants. Ideally you will bring fresh clothes for the session and get changed in the premises. Your therapist will let you know when and where to get changed. Nudity during the session or in the presence of the therapist before or after the session is strictly forbidden.
3. Please be mindful and avoid any strong or unpleasant smells, such as sweat, bad breath, smoke, strong perfume or aftershave. If necessary, you can freshen up or brush your teeth before the cuddle session. Please note that the time spent in the bathroom counts as session time.
4. Always come sober to the appointments, never under the influence of or withdraw from any mind-altering drugs, including alcohol.
5. Cuddle Therapy is a non-sexual service. Do not requested, imply or perform any touching or actions that could be considered sexual in any way. This includes, for example, touching or rubbing in the area of the primary and secondary genitals, buttocks, mouth, touching underneath the clothing and kissing.
6. Silence, talking, laughing, crying - it can all be part of the cuddle session. Use this safe space for yourself and for what you need at this moment.
7. Within the Rules of the Cuddle Session, please feel free to ask for what you want. You are welcome, for example, to change the cuddle position whenever as it becomes uncomfortable or if you feel like trying something new. The cuddle therapist takes full responsibility for clearly expressing her/his/their own personal restrictions and boundaries.
8. Cuddle therapy is a professional service. The establishment of a personal relationship of any kind between client and cuddle therapist leads to the end of the business relationship.

I have read the Rules of the Cuddle Session and the Terms and conditions and fully agree to them.

Non-compliance will immediately lead to the end of the cuddle session with no reimbursement and the termination of the business relationship.

(Date, Client's signature)

(Date, Cuddle Therapist's signature)

Good to know

Please tell me:

- Why are you here? Do you have a specific issue or wish?
- Is this your first cuddle session or do you already have previous experience?
- Do you have any preferences and/or dislikes regarding closeness and physical contact? For example, are there parts of your body where you would particularly like to be touched or not at all?

Welcome to KuschelRaum.

Notes